

Theme Worksheet

Identifying Theme

Concern: *What is happening in your life that's bothering you?* (e.g. "I don't feel well")

Question: *Boil down one of those problems into a question.* (e.g. "Am I going to die?")

Keys: *Boil down the question into keywords and key phrases.* (e.g. "death")

Contrasts: *List some opposites and contrasts of your keywords and key phrases.* (e.g. "life")

Thematic Pairs: *Place Keys and Contrast side by side.* (e.g. "death/life")

Finding Thematic Elements

What conflicts can you imagine to pose your *Question*?

Imagine a character representing your *Keys*.

Imagine an antagonist representing your *Contrast*.

Imagine a situation where there *Thematic Pairs* are explored.

What items, places, situations could you use to symbolize the *Question*, *Keys* and *Contrasts*?